



Health & Hope

THE HOPE YOU GIVE



Annual Report 2018

"Faith is the assurance of things hoped for,
the conviction of things not seen." Hebrews 11:1

Letter from the Directors

The hope you give to Nicaragua has never been more critical.

Last year, the national crisis deeply affected AMOS and the 23 vulnerable communities we serve. It was one of the hardest years for our ministry and for millions of Nicaraguans. Many other organizations stopped their services and left the country.

In spite of this, thanks to you, AMOS was able to continue bringing much-needed health and hope to nearly 70,000 vulnerable people all year round. There aren't enough words to thank you for this!

Your unwavering support made sure community health workers could continue providing life-saving health care services all year-round and facilitate emotional healing during the most difficult months. You helped us travel through roadblocks to deliver essential medications to remote regions. You made it possible for communities to decrease their risk to mosquito-borne illnesses. You helped families to keep drinking clean water and reduce the chance that children would get sick with potentially life-threatening diarrhea.

You motivated health promoters like Agustín Malueños, who serves in the rural community of El Cedro:

"Some people have told me to stop doing all this work. They tell me that they have nicer things, even though they used to be poor. But I remind myself, if I don't do this for my community, who else will?

"When I die, I hope that people will remember me for my service to my neighbors. This is why I continue to serve."

You are why we can continue to serve. You inspire us, our staff, and hundreds of community health workers like Agustín to envision a world with **health for all people**.

As we prepare to face new challenges that arise from the unresolved crisis, **we remain hopeful because of you. We know how much you care.**

It is a blessing to be in ministry with you. Thank you for helping community health workers save lives in their communities. Thank you for improving the health and brightening the futures of families in need. And most of all, **thank you for giving us hope.**



With immense gratitude,

David Parajón

Dr. David Parajón
Executive Director,
AMOS Health & Hope

Laura Parajón

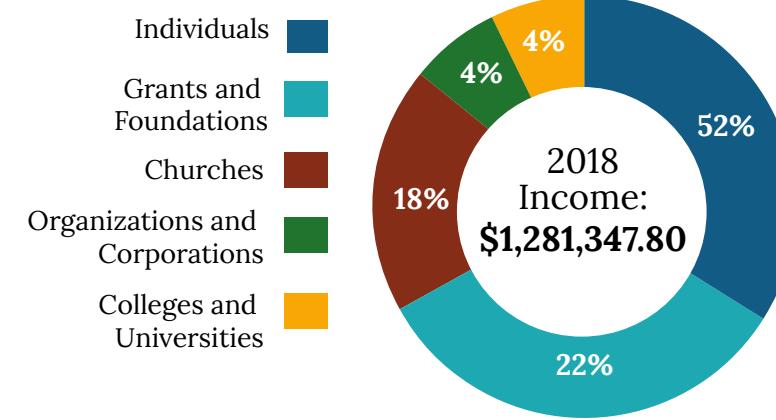
Dr. Laura Parajón
Medical Director,
AMOS Health & Hope

You continue to give hope during these challenging times. Thank you!

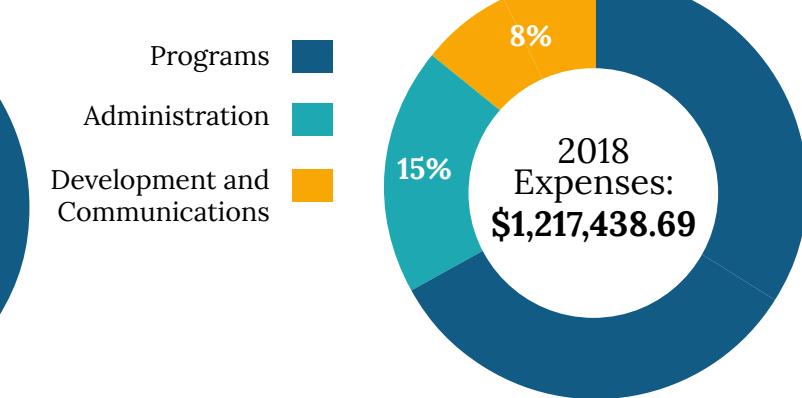
2018 Finances

AMOS depends on the generosity of hundreds of individuals, foundations, churches, universities, organizations, and corporations. We are committed to accountability, transparency, and good stewardship of our resources.

Income



Expenses



The hope you gives helps Agustín Malueños continue to serve

2018 was a challenging year for us financially. In previous years, delegations (mission teams) and volunteers helped fund our community health projects, and outside groups renting our guesthouse generated revenue for programs and administrative expenses.

But last April, everything changed. After the start of the crisis in Nicaragua, every delegation and volunteer cancelled or postponed their travel plans.

In the midst of sudden revenue losses, we had to make difficult decisions. We increased our fundraising efforts monumentally to maintain our core program needs. We were forced to make significant reductions in administrative expenses, examine program expenses closely, and lay off staff.

2019 will continue to be challenging. Some delegations and volunteers are returning to serve alongside us in Nicaragua, but not at the same rate as previous years. Fewer outside groups are renting our guesthouse and facilities. All of this will continue to have a significant impact on our budget and activities.

But you give us hope. You allow us to continue to provide effective and empowering health care for those who need it most. Please keep praying that AMOS and our community health workers can continue improving health. And pray for a peaceful solution to the crisis, so that the children and families in Nicaragua will not live through violence and can have health and hope.

Your gift matters!

Your donations ensure we can respond to emerging needs in the midst of the ongoing crisis and continue sharing health and hope with the most vulnerable. We can't do it without you. Thank you for the hope you give!



Timotea Counts You as a Blessing

Your generosity ensures that simple yet effective treatments are reaching people in rural villages where they are needed most.

A few months ago in the community of San Onofre, six-month-old Fernando and his mom, María, attended a weighing session led by Timotea Romero, the Health Promoter there.

The next day, when Timotea saw María walking down the road with a panicked look on her face, she asked her what was wrong.

"She told me her baby had diarrhea with blood in it," said Timotea. "So I asked her to come with me to the community clinic."

Timotea knew that diarrhea could lead to death: "In our communities, babies can die of dehydration, due to a lack of education or a lack of resources. The day a child dies of an illness in my community... My God, please, I hope that this will never happen."

Because of your support, Timotea is trained to recognize and treat common illnesses, like diarrhea in children, and had a stock of essential medications at her community clinic. Through her training, she also knew to use her protocol manual to figure out the correct dosage for Fernando.

A few days later, Timotea visited María and her baby in their home to follow up, and saw that the baby had recovered. "Maria was overjoyed," said Timotea. "She told me that the medicines I gave her saved her baby's life, and that she will always bring him to the community clinic if he gets sick again."

You made this possible, and Timotea thanks you for your support: "While we are in our communities, you ensure we can continue to save lives by taking care of sick children with preventable illnesses.

"It is a blessing to be able to count on the people who support AMOS."

Like Timotea, we are so grateful for you. You allow us to continue to work alongside our health promoters as they save lives and improve health in their communities. You help us build a world where no child dies from a preventable cause.

The hope you give cares for the most vulnerable from the very beginning of life.



The Hope You Gave in 2018...



You brought health and hope to 23 communities in need.



You trained 670 community health workers to save lives and improve health in their communities.



You helped 69,800 people get the health care they need and deserve.

You Gave Hope to Daylin and Her Baby

Last July, Silvina Lainez, the Health Promoter of El Calderón, was doing a home visit to a patient with hypertension in her community. She knew that in that household, there was also a pregnant woman, Daylin.

It was Daylin's first pregnancy, so Silvina arrived to the home visit prepared to check on her as well. After finishing her visit with the patient with hypertension, Silvina asked for Daylin.

"Her relatives told me she was in bed due to a headache," said Silvina. "I had to ask them if I could go to check on her."

Daylin was six months pregnant. "When I was talking to her, I learned she was suffering from more than just a headache. She had lower back pain, and when she went to the bathroom, she noticed blood spots on her underwear. I explained to her that bleeding is a sign of danger in pregnancy."

Because of you, Silvina knew Daylin could have dangerous complications with her pregnancy. She immediately referred her to the nearest health center so she could receive further care from a doctor. Once there, the doctor ordered complete bed rest for Daylin, and after she returned to her community, Silvina began to check up on her more closely.

Your support ensures that community health workers like Silvina can visit the homes of expectant mothers and their babies to provide needed follow-up care.

Daylin gave birth safely in the hospital and recently returned to the community of El Calderón with her healthy baby girl. She is so grateful that she was prepared and able to access the care she needed. **And, thanks to you,** Silvina is continuing to visit her and her baby in their home to make sure they are both healthy and thriving.

"I feel fortunate to be able to invest in Nicaragua."

Our work would not be possible without you!

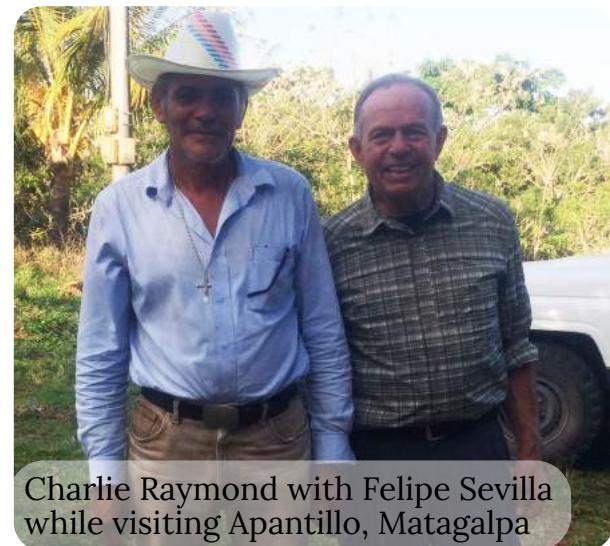
Charlie Raymond, AMOS supporter from the First Baptist Church in Beverly, Massachusetts shares why he gives to AMOS:

"In 2015, Drs. David and Laura Parajón came to our church and told us of the work AMOS was doing in Nicaragua. In 2017, a mission group from local churches traveled to the rural mountain village of Apantillo. We were able to see the good work that the community health workers and the employees of AMOS do.

"I'm amazed at the wonderful work that AMOS is able to do on its limited financial budget. AMOS is able to inspire its staff, the health promoters, and the local residents to create this health care miracle.

"The daily work that AMOS does is a miracle in action.

"The Nicaraguan people are the ones who benefit. For these reasons, I feel fortunate to be able to invest in Nicaragua and contribute to AMOS."



Charlie Raymond with Felipe Sevilla while visiting Apantillo, Matagalpa

Thank you for investing in improving health for people in need.
Thank you for creating a more just and equitable world.

Thank you for the hope you give!

Give the Gift of Health and Hope

Give Online

amoshealth.org/donate

Give Monthly Give 52 Weeks of Hope
at amoshealth.org/monthly

Give by Check Payable to: AMOS Health & Hope,
P.O. Box 6155, Hermitage, PA 16148-0922

Give by Donor-Advised Fund Use our Tax ID number
27-0837989 and send the donation to the same address above.

Give Appreciated Stock Email Christy Lafferty, Director of Development,
for more information at christine.lafferty@amoshealth.org.

Leave a Legacy Consider including AMOS in your will or estate plan. For more information, email Christy Lafferty at christine.lafferty@amoshealth.org.



AMOS Health & Hope is a US-registered 501(c)(3) nonprofit organization. Your donations to AMOS are considered tax-deductible to the extent allowed by law.

AMOS Health & Hope
3088 Haberlein Rd.
Gibsonia, PA 15044-8232

 [facebook.com/amoshealth](https://www.facebook.com/amoshealth)

 [@amos.nicaragua](https://www.instagram.com/@amos.nicaragua)

 [amoshealth.org](https://www.amoshealth.org)

 communications@amoshealth.org