



✧ ✧
✧ *Sparks of Hope!*

Annual Report 2020

"Though I have fallen, I will rise. Though I sit in darkness, the Lord will be my light."

Micah 7:8



Letter from the Director

Every day in Nicaragua, people struggle to drink clean water, or afford even the most basic food items. Moms agonize with worry, with no means to take their sick children to hospitals located hours away. Families fear getting sick with a deadly virus, or worse, spreading it to their neighbors.

This past year has reminded us all of our fragility. We have been afflicted with uncertainty, vulnerability, and grief. We have stumbled and fallen. And yet, this past year has also ignited within us a **spark of hope** - a small flame of faith, and a promise of renewed purpose that we are called to reinvest back into the world.

You are our spark of hope. Your compassion, commitment, and contributions to our ministry have inspired us to keep going. Even when it seemed like there was only darkness ahead, you continued to light our way.

You ignited change throughout our ministry in Nicaragua in so many ways:

★ **You equipped our 25 urban and rural community clinics** with needed medicines, supplies, personal protective equipment, and handwashing stations to prevent the spread of COVID-19.

★ **You supported health promoters in educating families** on how to protect themselves and their neighbors from COVID-19.

★ **You prayed for Nicaragua, and provided much-needed food and hygiene kits** to families affected by two catastrophic hurricanes.

★ **You brought a spark of hope to life's highs and lows...** to every pregnant mom who gave birth safely and held her newborn baby, to every patient who needed and sought emergency care, and to every parent who felt a sigh of relief when their child was treated by a health promoter in their own community.

We know there are still challenges to come. The light at the end of the tunnel may dim, and the unexpected and the unknown may cast shadows upon it.

But when the shadows subside, our spark of hope will be brighter. It will reflect the light of God, and our strength in community. It will guide our way as we rise towards what is to come.

Thank you for igniting little fires for hope all throughout our AMOS ministry. May we share in the light together, that soon, we may rise together.

With immense gratitude,



Gabriella Woo

Dr. Gabriella Woo, MD
Executive Director





You Made This Possible!

Impact Data from Oct 2019 - Sep 2020

The strength of AMOS comes from the passionate leaders who lovingly shine their lights within their communities each and every day. From the faithful and dedicated health promoters in rural communities, to the generous and compassionate supporters like you... **thank you for igniting sparks of hope at AMOS and beyond!**



Over 24,300
people served



25 communities
served



199 local
leaders

trained on COVID-19
prevention protocols



279
Active
Community

Health Workers



1,179
children under
5 years old
received
nutritious
food to prevent
malnutrition



210 health
volunteers
received personal
protective
equipment



378 food
packages

delivered to the poorest
families in Nejapa



1,288 families
in 15 remote
communities affected
by hurricanes
received food
packages and
hygiene kits

23 washing
stations and 8
air extractors
installed in
rural clinics



Rural communities saved an estimated
\$78,000 in transportation costs,
by having access to health care and
medicines in their own communities!



Zero
maternal
deaths



Stories of Health and Hope!

Here is a special selection of inspiring stories you made possible through your unwavering support this past year.

"Sara started getting sick frequently when she was 6 years old. We looked for help everywhere. In the end, we received a very tough diagnosis for the family: Sara had Type 1 diabetes. A friend advised us to take her to the Samaritan Clinic at AMOS. When her dad took her to the Clinic, Dr. Ana met with Sara and invited us all to the support group for patients with chronic illnesses. Now, because of the support group at AMOS, Sara has become aware of her eating habits and learned to manage her diabetes. They have helped her manage her emotions and given my husband and me advice as parents.

Last year, because of the pandemic, there were months that my husband and I could hardly work at all. We are massage therapists, and so many people were staying at home to avoid contracting COVID-19.



That's why we were so thrilled to receive a glucometer from AMOS, with test strips and lancets. It was truly an unexpected blessing - a light in the darkness - when we needed it most."

~Aleydea (back right), mom of Sara (front right), a vulnerable patient in Nejapa



"As AMOS Health Promoters, we have learned a lot about exclusive breastfeeding, and we know how to educate mothers about health care in pregnancy. We know how to provide first aid, and we know what to do in situations when children are sick with diarrhea or pneumonia.

We know how to counsel mothers and what to do when we diagnose a malnourished child. I owe all this knowledge and the opportunity to do what I do to serve my community to the AMOS family, including the donors and mission teams. Thank you for sharing your resources and knowledge with us!"

~José Gomez, Health Promoter in El Bambu

"I take care of my 7-year-old grandchild, Claudio, while his mom is at work. I am a regular patient at the Villa Guadalupe Clinic, and I take Claudio there whenever he is sick. I have seen the improvements in my health since visiting the doctor here. I have received medications and also follow-up care. I am very happy with the services at the Clinic, and I want to thank the AMOS donors for your contributions to keep it open. God has touched your heart to help those in great need, and there is no way I could pay you back for all you have done for me. May God bless you!"

~ Diana, patient at Villa Guadalupe Clinic



"I want to thank you for supporting me with a 'Seeds of Esperanza' scholarship over the years. Because of this scholarship, I will soon be able to fulfill my dream of becoming a nurse.

My graduation is this March!

Studying nursing has been very important to me as a Health Promoter. It has equipped me with new knowledge and helped me to better help my community. May God bless all of our AMOS family!

I hope that together, we can continue supporting bright leaders so they can shine their light within their communities."

~Yadira Sevilla, Health Promoter in Tierra Blanca and Seeds of Esperanza Awardee



"Andy is three years old. His mom brought him to the community clinic because he was sick. I checked his breathing and heard a distinct noise in his lungs. I could identify it was the start of a mild pneumonia, which can be fatal. Part of my job is to educate moms on signs of alarm so they can learn when to seek help for their children and themselves. Andy's mom took action right on time! Thanks to the medicines at our community clinic, I treated Andy with amoxicillin, then visited him over the next few days to follow up on him. Four days later, he was already doing so much better, and he recovered completely."

~Silvia Nohemi, Health Promoter in La Pimienta



"Marvin was 13 months old, and his mom called me seeking urgent help. He was sick and she was worried about him, and she was even more worried about taking him out of their community amid the pandemic. She couldn't afford bus fare, she was worried about leaving her other two kids at home, and she was afraid that either she or Marvin could get infected with the coronavirus.

As a Health Promoter, I know there is some level of risk when seeing patients. But my love for my community is stronger than my fear. So, wearing my personal protective equipment, I visited Marvin, and examined him. His vitals, fever, and the way his chest strained to take heavy and tired breaths all indicated he had pneumonia - but thankfully, not a serious case yet.

As trained by AMOS, I immediately treated him with amoxicillin. The medicine worked wonderfully, and he fully recovered a few days later. Marvin's mom was incredibly grateful and relieved.

Thanks to AMOS and the medicines in our clinic, we can bring hope to people by helping them right within our community - which is especially invaluable during this pandemic."

~Ismael Sequeira, Health Promoter in Banco de Sikia



You Helped Families During Multiple Crisis in 2020 - Thank you!



At AMOS, we envision a world where there is health and hope for all people - no matter where you are born, and no matter where you live.

While struggling with a national economic crisis, Nicaraguan families were affected by the pandemic, and on top of that, two devastating hurricanes. But even through great hardship, you and 556 other generous supporters stepped up in 2020 to ignite change. You sparked hope and saved lives.

"Thank you" cannot fully express the depth of our gratitude! Your generosity helped us improve health in 25 communities, prevent the spread of COVID-19, protect our staff and patients, and provide emergency food and hygiene kits to nearly 1,300 families affected by natural disasters.

Your love is touching the lives of Nicaraguans, supporting local leaders, and strengthening our commitment to this life-saving mission.



Passport to Nica!

A Virtual Mission Trip Experience with AMOS

Going on a mission trip can change your life, shift your priorities, and deepen your faith in God and in a better world. But many of us can't take time away or physically participate in an international mission trip...

You are invited to join AMOS on a virtual mission trip starting this Spring of 2021!



What is it?

From the comfort of your home, go on a virtual mission trip to experience life in Nicaragua and deepen your calling to serve and care for vulnerable people in our world.

What will I experience?

Over the course of five videos, you'll travel to rural and urban communities of Nicaragua, hear stories from community leaders, and complete activities to reflect on your experience along the way.

Can I participate?

YES! Whether or not you plan to participate in a mission trip with AMOS in the future, this virtual experience will give you a chance to learn and grow with a small group, your family, or on your own!

Ready to sign up? Visit amoshealth.org/passport to register and receive your virtual mission trip materials as soon as it launches!



Our 2020 Financials

"Consider what a great forest is set on fire by a small spark." James 3:5

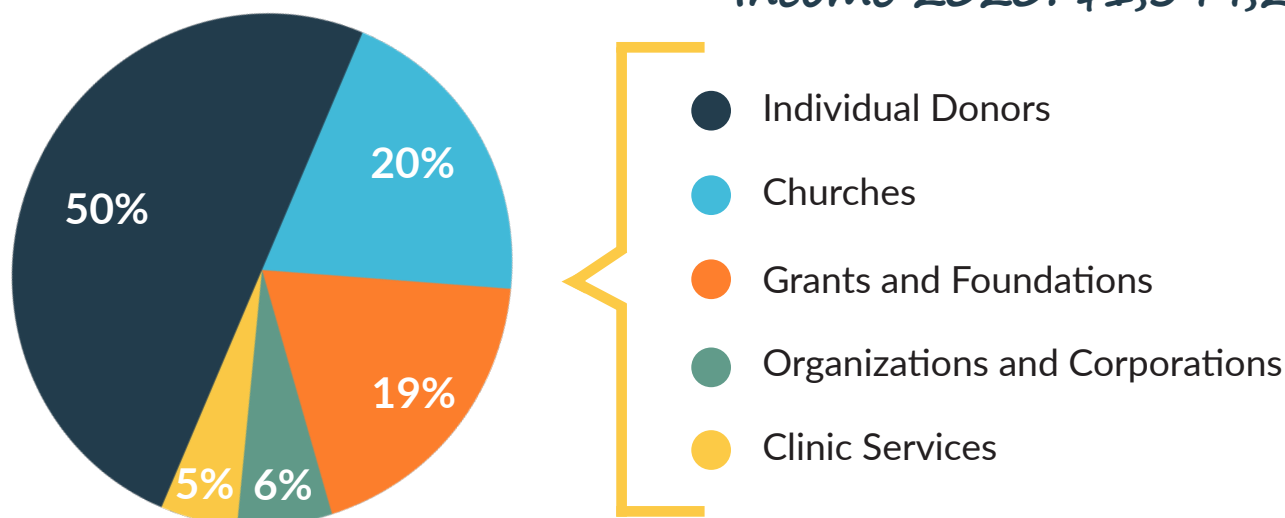
Last year, the COVID-19 pandemic forced us to adapt our programs to a new reality. We took drastic measures to protect the health of our patients, community health volunteers, staff members, and their families. We had to temporarily suspend operations for brief periods of time during peak rates of infections.

Yet through it all, we were blessed by your outstanding support as generous individuals, churches, and partner organizations. You allowed us to continue serving 25 vulnerable communities, without having to cut back on any of our health care services nor let go any of our committed staff members.

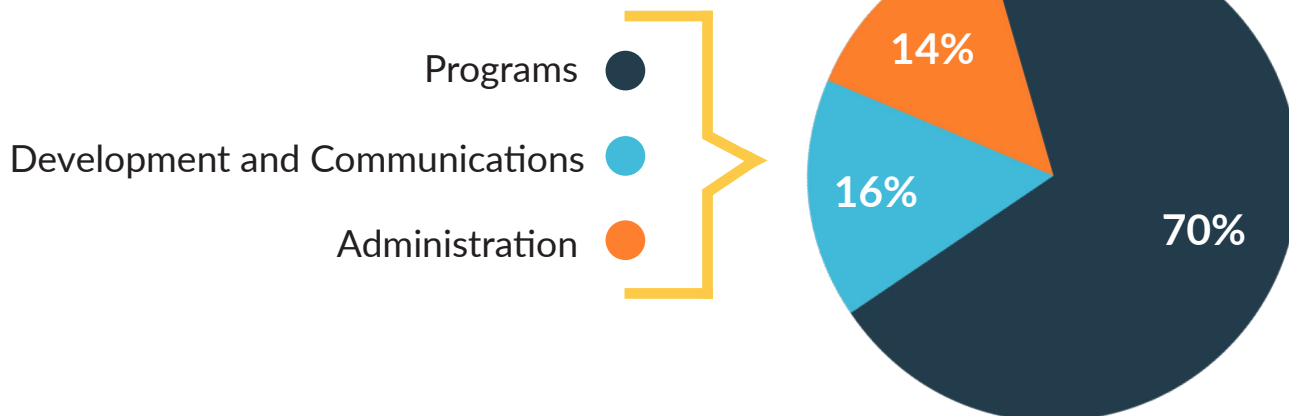
As we look ahead, we remain committed to maintaining high-quality programs while being the best possible stewards of the gifts you entrust to us. Thank you for your support and generosity, and for letting your light shine for families in need in Nicaragua!

A copy of our Form 990 is available at amoshealth.org

Income 2020: \$1,599,295



Expenses 2020: \$1,390,834



You Can Spark Hope in Nicaragua!



Give Online!
amoshealth.org/donate

Give by Check or Donor-Advised Fund:

Use our Tax ID
number (27-0837989).
Send your donation to:

AMOS Health & Hope
PO Box 6155
Hermitage, PA 16148-0922

Give Monthly:

Give 52 Weeks of Hope at
amoshealth.org/monthly



Leave a Legacy:

Consider including AMOS
in your will or estate plan.
For more information,
email Christy Lafferty at
christine.lafferty@amoshealth.org

Give Appreciated Stock:

Email Christy Lafferty,
Director of Development,
for more information at
christine.lafferty@amoshealth.org



AMOS Health & Hope
3088 Haberlein Rd.
Gibsonia, PA 15044-8232

 facebook.com/amoshealth

 [@amos.nicaragua](https://www.instagram.com/amos.nicaragua)

 communications@amoshealth.org

 amoshealth.org

AMOS Health & Hope is a US-registered 501(c)(3) nonprofit organization.
Your donations to AMOS are considered tax-deductible to the extent
allowed by law.