

# PASSPORT TO NICA

A Virtual Mission Trip Experience with  
AMOS Health & Hope



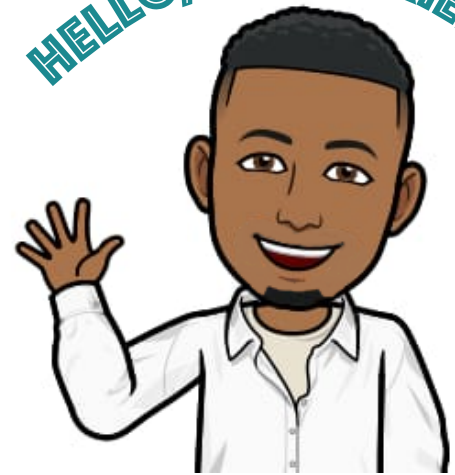
Name: \_\_\_\_\_

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**Participant Guide**

HELLO, DEAR FRIENDS!



**“Hello, dear friends, and welcome to your virtual mission trip experience! My name is Jilmer Sánchez, and I will be your guide along the way. Over the course of five videos, we’ll travel to the rural community of La Danta, hear inspiring testimonies, and experience life in Nicaragua firsthand. Read the info below to get started!”**

## VIDEOS

- Your virtual mission trip includes 5 videos, each corresponding to a “day” on your journey. Access these videos anytime here.
- We encourage you to watch each video on a set day or time each week for 5 weeks.
- Reflect on your own or with a group to collect that “day’s” visas. After one week has passed, move on to the next “day’s” video.

## VISAS

- Each week, collect visas on your own or with a small group by reading the corresponding Bible passage, reflecting on the discussion questions, and completing a small homework assignment between sessions.

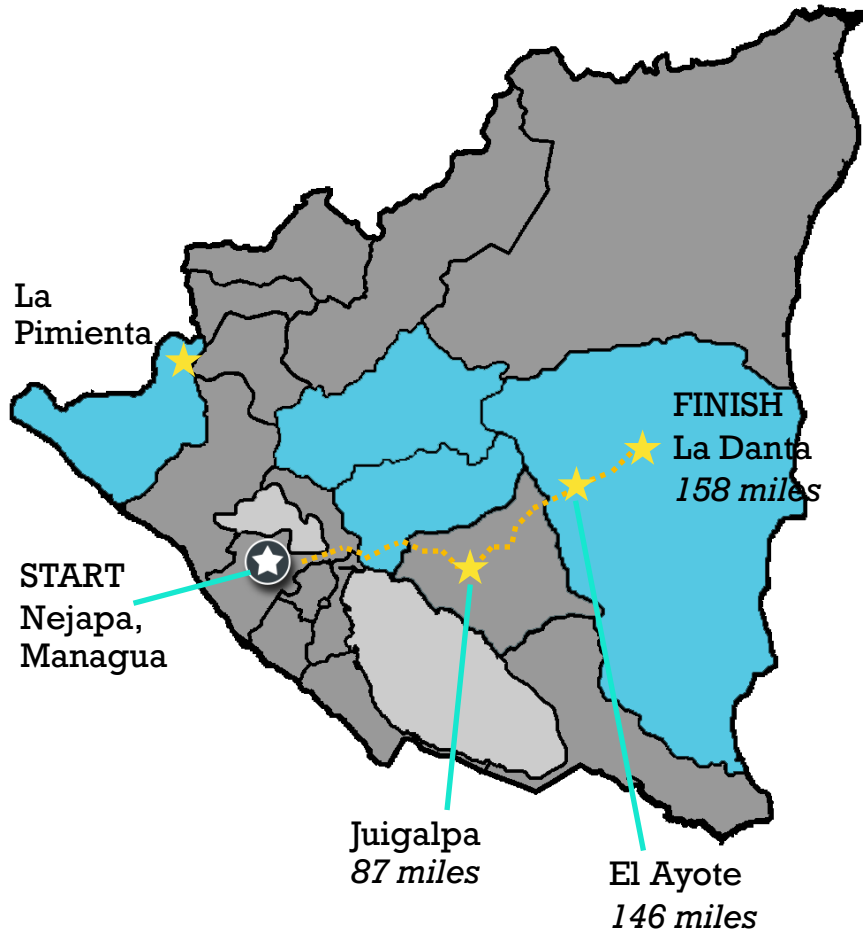
## SMALL GROUPS

- We created this experience especially for families or small groups led by one or more facilitators.
- For a sample session agenda and additional resources for facilitating this experience with your family or a small group, download our Facilitator’s Guide here.

**Questions? Email our team at [delegations@amoshealth.org](mailto:delegations@amoshealth.org).**



# TRAVEL ITINERARY



<b>Day 1</b>	<ul style="list-style-type: none"><li>• Welcome to Nicaragua!</li><li>• Tour of Managua</li><li>• Meet Executive Director Dr. Gabriella</li></ul>
<b>Day 2</b>	<ul style="list-style-type: none"><li>• Experience the journey to La Danta</li><li>• Drive through El Ayote, where the nearest health center is located</li><li>• Attend community welcome celebration</li></ul>
<b>Day 3</b>	<ul style="list-style-type: none"><li>• Meet Juan Pablo, the Health Promoter of La Danta</li><li>• Take a tour of the Community Clinic</li><li>• Hear from Pedro and Daniel, members of the Health Committee</li></ul>
<b>Day 4</b>	<ul style="list-style-type: none"><li>• Accompany Juan Pablo on home visits</li><li>• See the landscape of La Danta</li><li>• Meet Crisanta and Thelma, community members who have benefited from Juan Pablo's work</li></ul>
<b>Day 5</b>	<ul style="list-style-type: none"><li>• See our model in action!: <i>Treating illness</i> at the Samaritan Clinic with Dr. Ana</li><li>• <i>Preventing disease</i> in La Pimienta with Silvia Nohemí and Silvia Moncada</li><li>• <i>Strengthening community</i> in Nejapa with Rigoberto Mejía</li></ul>









# MY VISAS: DAY 4

Notes:

How did your long walk, run, or bike ride (Day 3's homework) give you more insight into the lives of people who live in rural Nicaragua?

Watch Day 4's Video.

Read Luke 18: 35-43.

Before Jesus healed him, how do you think the blind man was treated by members of his community?

How do you think the man felt when Jesus asked him, "What do you want me to do for you?"

How does this passage resonate with what you've learned about community-based health care or with what you experienced on the home visit?

This week, do something that promotes community-building where you live. Gather a small group, do something nice for a friend, or volunteer with an organization in your area.

Lined area for taking notes.



# MY VISAS: DAY 5

Notes:

Last week, what did you do to promote community-building where you live (Day 4's homework)?

Watch Day 5's Video.

How can you apply key parts of the AMOS model (Treat, Prevent, Strengthen) to your church's approach to mission work, or to your own calling to help people in our world?

Read Hebrews 12: 1-3.

What things or people must you let go of or move towards in order for you to endure on God's course for your life?

Why is it important to seek out and listen to stories of people not just from your local community, but around the world?

What's one thing you learned or will take away from this experience?

Share about your virtual mission trip experience, take a special offering, or invite others to support AMOS at [amoshealth.org/donate](https://amoshealth.org/donate).

Lined area for taking notes, consisting of 18 horizontal lines.



# THANK YOU

## FOR JOINING US ON A VIRTUAL MISSION TRIP!



[amoshealth.org](https://amoshealth.org)

### ADDITIONAL RESOURCES



- [CBPR Conceptual Model](#), Nina Wallerstein & Bonnie Duran (PDF)
- [Community-Based Participatory Research](#), AMOS Health and Hope (Video)
- [Duffle Bag Medicine](#), Maya Roberts (PDF)
- [Just and Lasting Change: When Communities Own Their Futures](#), Daniel C. Taylor & Carl. E Taylor (Book)
- [Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health](#), Laura B. Ramirez, Elizabeth Baker, & Marilyn Metzler, CDC & Dept. of Health and Human Services (PDF)
- [Short-Term Medical Mission Trips: Recommendations for Practice](#), Catholic Health Association USA (PDF)
- [Social Determinants of Health](#), Claire Pomeroy at TedxUCDavis (Video)

### SERVE WITH US IN NICARAGUA



To talk further about scheduling a mission trip to Nicaragua, contact our team at [delegations@amoshealth.org](mailto:delegations@amoshealth.org).

### SUPPORT OUR WORK



Online: [amoshealth.org/donate](https://amoshealth.org/donate)

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